



Compound	Abreviation	Type	Aroma	Description	Therapy Effects										Unwanted Effects (1 = Checked 0 = Unchecked)					
					Appetite	Social	Passion	Relief	Focus	Relax	Bliss	Calm	Sleep	Lift	Dry Mouth	Dizzy	Dry Eyes	Headache	Stuck	Paranoid
Cannabidiol	CBD	Cannabinoid		Significantly reduces the frequency and severity of seizures. It also reduces or even eliminates the nausea associated with several conditions, and helps to reduce inflammation throughout the body. CBDV is also beneficial in the treatment of pain and mood disorders.	X															
Cannabidiol	CBD	Cannabinoid		Its analgesic (pain relieving) effects.CBD significantly reduces inflammation. Over the years, a number of high profile cases have raised awareness of CBD's anti-seizure properties, but it's only recently that science has been able to confirm this link. CBD also effective to combat anxiety.	X			X		X			X		X	X				
Cannabigerol	CBG	Cannabinoid		CBG does not have any side effects when taken in therapeutic doses. CBG works to fight inflammation, pain and nausea, and works to slow the proliferation of cancer cells. CBG is particularly effective in providing symptom relief are listed below: Glaucoma Cancer Crohn's disease Irritable bowel syndrome	X								X							
Cannabinol	CBN	Cannabinoid		CBN is actually known to generate powerful sedative effects, especially if combined with THC. Research has shown that 5mg of the stuff is as effective as 10mg of diazepam and other similar pharmaceutical sedatives. As with CBD, CBN is an anti-inflammatory, but it also has pain relief properties which could help to treat burns by acting on TRPV2 receptors	X			X					X							
Tetrahydrocannabinol	THC	Cannabinoid		THC is used to help with conditions such as: pain muscle spasticity glaucoma insomnia low appetite nausea anxiety				X		X			X		X	X				
Tetrahydrocannabinolic acid	THCA	Cannabinoid		Anti-inflammatory properties for treatment of arthritis and lupus Neuroprotective properties for treatment of neurodegenerative diseases Anti-emetic properties for treatment of nausea and appetite loss Anti-proliferative properties noted in studies of prostate cancer																
Cannabigerivarin	CBGV	Cannabinoid		CBGV is a component of the cannabis genome. It is classified as a cannabinoid acid, but unlike tetrahydrocannabinol (THC) it provides no psychoactive effects. potentially beneficial for its anticonvulsant effects								X								
Tetrahydrocannabivarin	THCV	Cannabinoid		THCV may dull the appetite. This may be good for consumers focused on weight loss, but THCV should be avoided by patients treating appetite loss or anorexia						X			X							
Cannabichromevarin	CBCV	Cannabinoid		Some users of compounds similar to CBCV have reported side effects that include drowsiness, lightheadedness, dry mouth and lowered blood pressure									X		X					
Cannabichromene	CBC	Cannabinoid		CBC may carry pain relieving properties, act as a potent anti-inflammatory agent, assist with digestive and gastrointestinal disorders, possess antibacterial and antifungal efficacy, and could potentially contribute to the regeneration of brain cells. Only known side effect is CONSTIPATION						X			X	X						
Myrcene	β-myrcene	Terpene (primary)		This terpene are usually indicas with sedative effects. It has also been reported that myrcene is useful in reducing inflammation and chronic pain				X				X	X							
Caryophyllene	β-caryophyllene	Terpene (primary)		May help to treat anxiety and depression. No researched side effects. Antioxidant, inflammation, pain, insomnia, muscle spasms				X					X							
Linalool	linalool	Terpene (primary)	Floral	Most responsible for the recognizable marijuana smell with its spicy and floral notes. Increased social interaction and decreased aggressive behavior; impaired memory was only seen the higher dose of linalool.		X					X		X		X					
Pinene	α-Pinene	Terpene (primary)		Feelings of alertness and focus are common in strains containing high levels of pinene. Short term memory retention may also be improved, and creative inspiration can be stimulated through pinene's cerebral properties. Pinene is also known to counteract some of the adverse effects of THC, such as paranoia.					X											
Humulene	α-humulene	Terpene (primary)		Anti-inflammatory properties. Humulene can act as an appetite suppressant when highly present in cannabis. No other effects or side effects were researched																
Geraniol	Geraniol	Terpene (primary)		The therapeutic attributes of geraniol include anti-inflammatory, antibacterial, antiseptic, and analgesic properties. No other theurapethic effects were researched																
Limonene	D-limonene	Terpene (primary)	Fruity	Elevated mood, stress relief. Anti depression, anti anxiety. Participants experienced an increase in attention, mental focus, well-being and even libido.		X		X	X					X						
Delta 3 Carene	Delta 3 Carene	Terpene (secondary)		Mostly beneficial in healing broken bones. That gives hope to patients suffering from osteoporosis, arthritis and even fibromyalgia. What is also interesting about this terpene is that it stimulates our memory and helps memory retention																
Terpinolene	β-erpinolene	Terpene (primary)		Slightly sedative, antioxidant, and antibacterial properties. It's also been found to depress your central nervous system, and therefore induce drowsiness and reduce excitement or anxiety							X		X							
Borneol	Borneol	Terpene (secondary)		Borneol has a menthol aroma and is used as a calming sedative. It is also beneficial for combating fatigue and recovering from stress or illness. Borneol exhibits both anti-inflammatory and anti-nociceptive effects							X									
Phytol	Phytol	Terpene (secondary)		Found in green tea, phytol is a diterpene that results from the degradation of chlorophyll. Phytol inhibits the enzyme that degrades the neurotransmitter GABA, which may partially account for its relaxing effect.							X									
Sabinene	Sabinene	Terpene (secondary)	Earthy	Sabinene is known for its spicy, oak, and black pepper accents. It has been shown to benefit liver function and digestion, relieve arthritis, and can soothe skin conditions.																
Valencene	Valencene	Terpene (primary)	Fruity	Valencene is present in Valencia oranges and contributes to cannabis' citrus aroma																
Ocimene	β-ocimene	Terpene (primary)		Ocimene is frequently used in perfumes for its pleasant odor. In nature, this terpene contributes to a plant's defenses and possess antifungal properties																
Isoborneol	Isoborneol	Terpene (secondary)		Isoborneol is found in mugwort that exhibits antiviral properties. It is a potent inhibitor of herpes simplex virus type 1.																